

Procedure for Changing Wet/Soiled Clothes and Diapering **Snohomish County ECEAP**

The changing of wet and soiled clothes and diapers is to be implemented in a manner that is safe, secure, non-judgmental, and enables the child to learn self help skills.

A designated area will be established for diapering and the changing of soiled clothing in the case of accidents. This area must:

- Be located at least 8 feet away from all food preparation areas and separated by a solid barrier
- Be over moisture impervious flooring
- Have changing mats that are nonporous and kept clean and free of cracks
- Be located adjacent to a hand washing sink that is not used for tooth brushing. If a classroom has only one sink available, children must use disposable cups for tooth brushing.
- Have a foot operated garbage can

Procedures for changing soiled/wet clothes or diapers should be posted and are as follows:

- Gather all materials needed and have them within reach (wipes, plastic bag for soiled clothing, gloves, disinfectant, clean clothing, etc.)
- Wash hands
- Put on disposable gloves
- Have preschooler take off soiled clothing, place in plastic bag
- Whenever possible give preschooler wipes and ask them to wash themselves
- Discard dirty disposable items in a foot operated step can
- Remove and discard gloves using proper blood borne pathogen procedures
- Wipe your hands with wet wipe, put on clean gloves
- Have child dress themselves again
- Have the child wash their hands with soap and water
- Return child to the classroom
- Wash changing mat with soap and water and disinfect with bleach solution (1 tablespoon bleach per 1 quart of water)
- Allow disinfectant to sit for 1 minute.
- Wash hands

Teachers should make Program Managers aware when any child needs regular changing at the site in order to plan for adequate supplies and assure that approved procedures can be carried out. If a child's competency in personal care/hygiene has not been fully achieved, this should be a documented, mutually-agreed upon goal of the parent and teaching staff. Together they should develop acceptable strategies related to the child gaining competency in toileting. Goals and strategies should be documented on the child's ILP. The Program Manager should consult with the ECEAP nurse or Snohomish County Coordinator as needed.

(Refer to Program Standard E-9 for more information on no-exclusion policy)

10/2007